

Introducing



MOUNT KILIMANJARO CLIMBING

www.jerrytanzaniatours.com

7 DAYS MACHAME ROUTE

1. AIRPORT PICK-UP - DROP OFF AT HOTEL
2. MOSHI – MACHAME GATE – MACHAME CAMP
3. MACHAME CAMP- SHIRA CAVE CAMP
4. SHIRA CAVE CAMP -THE LAVA TOWER AND DESCENT - BARANCO CAMP
5. BARANCO CAMP -KARANGA CAMP
6. KARANGA CAMP- BARAFU CAMP
7. ASCENT -UHURU PEAK AND DESCENT-MWEKA CAMP
8. DESCENT -MWEKA CAMP- MWEKA GATE – MOSHI
9. DEPARTURE - KILIMANJARO INTERNATIONAL AIRPORT

TOUR HIGHLIGHTS:

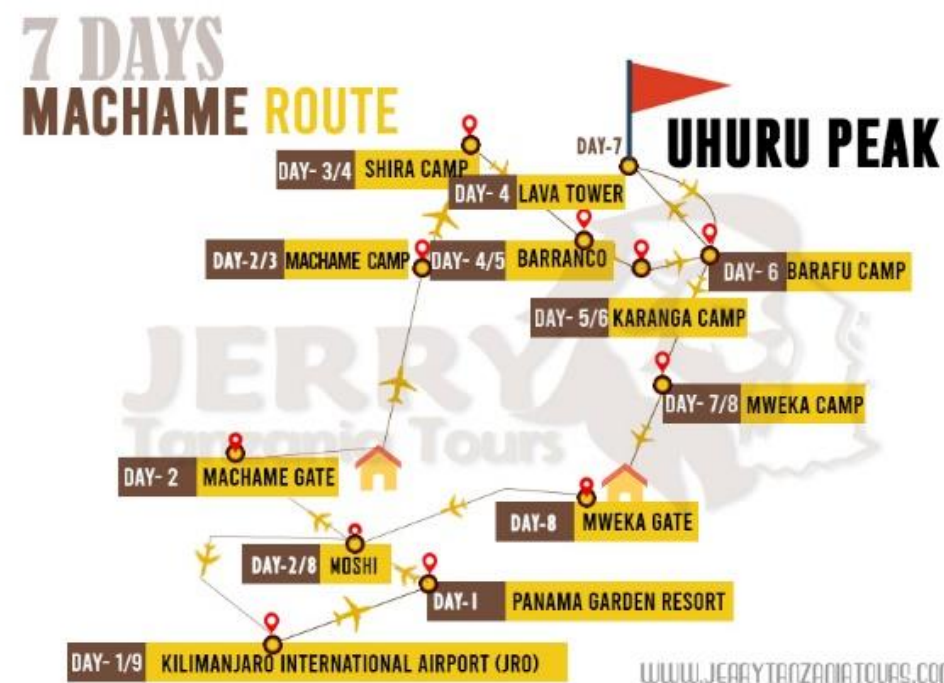
Approaching legendary Kilimanjaro from the south-west, you take the popular Machame Route, with a total trip time of seven days, thus giving you even more acclimatization time and an even better chance of reaching the summit. Lush rainforest and Alpine moorland characterize the Machame Route, a trek which is challenging, make no mistake, despite the extra time given to acclimatize. You will have a private vehicle to take you to and from the mountain. Accommodation on the mountain on this trip will be in tented camps – a true adventure.

DAY 1: AIRPORT PICK-UP - DROP OFF AT HOTEL

A member of Jerry Tanzania Tours hospitality team greets you upon your arrival at Kilimanjaro International Airport (JRO). He will drive you to your hotel, which will provide all the essentials for a comfortable stay after a long flight, such as: pleasant rooms with hot showers, a restaurant with delicious choices, genial service team and access to the Internet. Your briefing, in the course of which your guides will provide all the details of the forthcoming trek, takes place in the evening. They will answer your questions and make sure you are properly equipped for the trek, providing rental gear when necessary.

ACCOMMODATION: Panama Garden Resort

JOURNEY TIME AND DISTANCE: 1 hour, 40 km from Kilimanjaro International Airport to Moshi



DAY 2: MOSHI – MACHAME GATE – MACHAME CAMP

This morning you take a leisurely breakfast at your hotel, before setting out in your vehicle at around 08.00hrs to allow for a scheduled arrival at the Machame Gate (1,800 metres) at 09.00hrs. Your first job will be to complete the registration formalities, before you start your trek. You will also enjoy the introduction to your mountain team: your guides, porters and everyone else who will accompany you as you make your ascent.

Today's walk is a long one: in pure numbers, you will gain around 1,035 metres of altitude over a distance of just under 11 km/7 miles and can expect to be walking for between 4.5 and 5 hours.

The beginning of the walk today is characterized by a wide track that winds its way up through dense forest, beautiful tall trees laden with green moss. As the route becomes steeper and narrower, so the vegetation changes and the appearance of flowers such as impatiens kilimanjari and impatiens pseudoviola introduce some bright colours to the scenery. You will also be able to get your first glimpse of Kibo peak, away to the east. The birdlife around the camp is surprisingly rich, so look out for species such as olive thrush and stonechat. You hope to reach camp at around 17.00hrs, giving you a couple of hours of welcome rest before dinner is served.

ACCOMMODATION: in tents at Machame Camp

HIKING TIME AND ELEVATION: 4.5 – 5 hours' walking, from Machame Gate at 1,800 m to Machame Camp at 2,835 m

DAY 3: FROM MACHAME CAMP TO SHIRA CAVE CAMP

You will soon become used to the early, 07.00hrs breakfast and today you aim to leave the camp at 08.30hrs. You have a further 915 metres of ascent, finishing the day at 3,750 metres, and although the overall distance is short (5 km/3 miles) you will spend around 5.5 to 6 hours actually walking.

Your path today is dusty, narrow and steep. The vegetation is initially made up of forests of heather but soon you will encounter the first of the giant groundsels. The climb before your midday picnic lunch is steep, but there are then great views to the south and to Kibo, all to savour as you eat. With today's early start and the short distance, you would expect to reach your camp by 14.00hrs, by which time you will have met the moorland lobelias and the distinctive dark obsidian rock of Shira Plateau for the first time. Once at the camp, you will have plenty of time to marvel at some great natural sights such as the so-called 'Shira Cathedral', Klute Peak and Mount Meru, before enjoying your dinner around 18.00hrs.

ACCOMMODATION: in tents at Shira Cave Camp

HIKING TIME AND ELEVATION: 6 hours' walking, from Machame Camp at 2,835 m to Shira Cave Camp at 3,750 m

DAY 4: FROM SHIRA CAVE CAMP TO THE LAVA TOWER AND DESCENT TO BARANCO CAMP

Today's stage is considerably different in character from yesterday's, with a much longer trek. You start at 3,750 metres, of course, but even though you cover nearly 10 km/6 miles, your gain in altitude will be a modest 150 metres by the time you reach Baranco Camp at around 16.00hrs. During your hike, however, you will climb to the base of the Lava Tower which is located at a lofty 4,600 metres, before you descend again for your overnight stay. Although this may seem a bit of a waste, in fact it helps enormously with the crucial process of acclimatizing at altitude.

The overall distance today means that you will actually be walking for around 6.5 to 7 hours, excluding breaks. Once again, your day will begin with breakfast at 07.00hrs and departure at 08.30hrs, when you begin your trek across the stony landscape of Shira Plateau. The vegetation is sparse at first, with just a few hardy lichens to admire. You climb towards the Lava Tower and your picnic lunch is taken at 13.00hrs. After passing the highpoint of the day by the Lava Tower, you then descend down to the Baranco Camp. Once at camp, you should take time to admire the views of the southern face of Kibo as well as the Heim Glacier. Dinner tonight is served at 19.00hrs.

ACCOMMODATION: in tents at Baranco Camp

HIKING TIME AND ELEVATION: 6.5 –7 hours' walking, from Shira Cave Camp at 3,750 m to Baranco Camp at 3,900 m

DAY 5: FROM BARANCO CAMP TO KARANGA CAMP

You breakfast slightly later (07.30hrs) with a departure time from camp scheduled for 08.30hrs. Today's walk is actually quite short, being only 4 km/2 miles but it will still take between 3.5 and 4 hours of trekking time. You will break for cooked lunch at around 13.00hrs on reaching Karanga 3,995 metres and have the afternoon to enjoy the views before eating your dinner at 18.00hrs.

At the beginning of the day, you encounter the hardest part of today's stage as you have to scramble up the near-vertical face of the Baranco Wall (also commonly referred to as the 'Breakfast Wall' as you tackle it right after your breakfast!). At the top of this climb, you will be rewarded with views of the Heim Glacier. After this, the rest of today's walk becomes a bit easier as you first gradually descend to the gully below, and into the cold but beautiful Karanga Valley. You then continue and finally climb up a steep series of zig-zags until reaching the Karanga Camp 3,995 metres. Your overall altitude gain today is only 95 metres.

ACCOMMODATION: in tents at Karanga Camp

HIKING TIME AND ELEVATION: 3.5 – 4 hours' walking, from Baranco Camp at 3,900 m to Karanga Camp at 3,995 m

DAY 6: FROM KARANGA CAMP TO BARAFU CAMP

Another short day -in terms of distance – begins with your breakfast at the camp at 07.30hrs and another 08.30hrs departure. Today you will ascend about 670 metres in a distance of around 5 km/3 miles and walking time once again is between 3.5 and 4 hours.

You will be aiming to arrive at the Barafu Camp 4,673 metres by 13.00hrs, when you will be rewarded with a cooked lunch. (With tomorrow being the summit day, it will be important to relax and prepare for the hard work ahead.) Dinner tonight is served at 17.30hrs, giving you time to get to bed early. After leaving Karanga, today's stage climbs steadily, passing through barren, rocky landscape, with the Decken and Kersten glaciers visible away to your left. At the top of the climb, the landscape remains bleak as you descend into a valley and you get your first sight of another glacier, Rebmann. At the end of this valley is today's goal, the Barafu Camp, at which you arrive after a short, steep scramble and a walk.

ACCOMMODATION: in tents at Barafu Camp

HIKING TIME AND ELEVATION: 3.5 – 4 hours' walking, from Karanga Camp at 3,995 m to Barafu Camp at 4,673 m

DAY 7: ASCENT TO UHURU PEAK AND DESCENT TO MWEKA CAMP

Today is the most challenging day, but hopefully with the great sense of achievement of reaching your goal – the summit of Kilimanjaro! Your schedule for your 'Summit Day' is necessarily very different to your other days on the mountain. Rising at 23.00hrs, you take your tea and biscuits (23.30hrs) before a midnight departure.

The day starts with the long, tough climb from Barafu at 4,673 metres to Stella Point at 5,756 metres; for some of this you will be walking on scree, making your trek more difficult. From Stella Point, there is still another 139 metres of ascent and 45 minutes' walk to the summit. Your goal is to reach the summit by around 07.00hrs then celebrate reaching the top, take your precious photos and enjoy this once-in-a-lifetime experience. After the summit (5,895 metres), you return to Barafu (4,673 metres), where you rest for a couple of hours, take a brunch and then leave again at 13.30hrs to continue to descend to Mweka Camp (3,100 metres) where you spend the night. You would expect to arrive there at 17.00hrs and take your dinner at 19.00hrs. (In total, you cover around 17 km/10 miles today with about 11-14 hours of walking – tough going, but with your objective hopefully achieved!)

ACCOMMODATION: Mweka Camp

HIKING TIME AND ELEVATION: 11-14 hours' walking, from 4,673 m at Barafu Camp to the summit at 5,895 m, then down to 3,100 m at Mweka Camp

DAY 8: DESCENT FROM MWEKA CAMP TO MWEKA GATE – MOSHI

Still thrilled by your achievement, breakfast is taken at 07.00hrs and at 08.00hrs you can take the chance to reward your trekking team at the 'Tipping Celebration.'

Although you still have 10 km/6 miles to walk, departure is at a leisurely 09.00hrs and you descend down to the Mweka Gate which sits at an altitude of 1,640 metres. There, you will be served a cooked lunch at midday and be presented with your hard-earned certificate. Your transport will be waiting to bring you back to your hotel in Moshi, where you can choose to relax – or, if you have any energy left, to celebrate!

ACCOMMODATION: Panama Garden Resort

HIKING TIME AND ELEVATION: 3 hours' walking, from Mweka Camp to Mweka Gate, descending from 3,100 m to 1,640 m, then return by vehicle from Mweka Gate to your hotel 0.4 hours' drive.

DAY 9: DEPARTURE - KILIMANJARO INTERNATIONAL AIRPORT

After a good night's rest at your hotel, you will take breakfast ready for the scheduled check-out by 11.00. (In case you need a late check-out because of an evening flight, please advise us of this when you book your trip and we will inform you of the cost for day room use which ends at 18:00hrs, and then make the booking on your behalf.)

As a transfer service to the airport is included in this package, you will be collected from your hotel and dropped off at the airport. For those travellers who have booked to go on safari, our Jerry Tanzania Tours guide will be meeting you in the evening to provide you with a briefing.

PRICE IN \$USD

7 DAYS	1 PAX	2 PAX	3 PAX	4 PAX	5 PAX	6 PAX	7 PAX	8 PAX
MACHAME ROUTE	\$2,604	\$2,133	\$1,968	\$1,857	\$1,792	\$1,738	\$1,698	\$1,666

PRICE IN € EUR

7 DAYS MACHAME ROUTE	1 PAX	2 PAX	3 PAX	4 PAX	5 PAX	6 PAX	7 PAX	8 PAX
	€2,300	€1,884	€1,738	€1,640	€1,583	€1,535	€1,500	€1,472

PRICE IN ZŁ PLN

7 DAYS MACHAME ROUTE	1 PAX	2 PAX	3 PAX	4 PAX	5 PAX	6 PAX	7 PAX	8 PAX
	Zł10,635	Zł8,711	Zł8,037	Zł7,584	Zł7,319	Zł7,098	Zł6,935	Zł6,804

PRICE IN £ GBP

7 DAYS	1 PAX	2 PAX	3 PAX	4 PAX	5 PAX	6 PAX	7 PAX	8 PAX
MACHAME ROUTE	£1,944	£1,592	£1,469	£1,386	£1,337	£1,297	£1,267	£1,243

PRICE IN ЛВ BGN

7 DAYS	1 PAX	2 PAX	3 PAX	4 PAX	5 PAX	6 PAX	7 PAX	8 PAX
MACHAME ROUTE	ЛВ.4,500	ЛВ.3,686	ЛВ.3,401	ЛВ.3,209	ЛВ.3,097	ЛВ.3,003	ЛВ.2,934	ЛВ.2,879

INCLUDED

✓ Jerry Tanzania – Transfers:

- Pick-up and drop-off at Kilimanjaro International Airport.
- Transfer to the trailhead - entry gate to Kilimanjaro National Park.
- Pick-up at the exit from Kilimanjaro National Park and transfer to the hotel.

✓ Jerry Tanzania Trip Safety: Helicopter Rescue:

A Helicopter Rescue Service will be provided to Air transfer you before dark from the Mountain to hospital in Moshi during Emergency (This Service will only be applicable if you have Travel Insurance which covers up to 6,000 meters above sea level and also includes helicopter evacuation, weather permitting Helicopter Rescue will be organized).

✓ Jerry Tanzania – Trip Crew:

- ✓ Professional guides, licensed by Kilimanjaro National Park. All our guides are well-equipped to handle medical emergencies as they have undergone various High-Altitude Medical Emergency Training to save the lives of climbers who fall sick on the mountain.
- ✓ Dedicated support crew (assistant guides, camp master, porters, cooks, etc.).

✓ Accommodation:

- ✓ One night at the hotel (Panama Garden Resort or Altezza Lodge) before the expedition and one night after; The hotels have everything for your comfortable stay - caring staff, nice rooms, reliable Wi-Fi, restaurant and swimming pool).
- ✓ Tented accommodation on Mount Kilimanjaro (modern, comfortable 4-Season tents North Face VE-25 or Jerry Kilimanjaro Tents).

Please Note: All hotel accommodation is based on a sharing basis (i.e. you will be sharing with your travel companion a twin/double room. If you travel alone, we will match you with a same-sex adventurer. Single occupancy in a hotel is available upon request and extra chargers apply.

✓ Meals:

- Breakfast in the hotel before and after the trek.
- All meals on the trek. Our Kilimanjaro diet includes energy-rich and highly nutritious meals prepared by our professional high-altitude cooks. In our

EXCLUDED

✗ Travel Insurance:

We advise you to purchase Travel insurance for your Kilimanjaro trek as it protects you from accidents and unforeseen circumstances, you'd never dream of happening on your once-in-a-lifetime trek.

Make sure your travel insurance covers you for:

- Emergency Rescues
- Overseas Medical expenses
- Delays in flights and other delays, etc.

✗ Entry visa for Tanzania:

\$100 per person for USA Citizens and \$50 per person for All Other Nationalities (read climbing Mount Kilimanjaro guide for more details).

✗ Personal & Medical items:

- Wet wipes
- Sun cream
- Prescription medication

✗ Tips for the trip crew:

Here's an average of tipping scales on Kilimanjaro:

- \$20 – \$25 for a chief guide per day.
- \$15 – \$20 for an assistant guide per day.
- \$12 – \$15 for a cook per day.
- \$6 – \$10 per porter per day.

We would like to suggest an amount of \$305 - \$345 per person which is shared with the entire trekking team. It is perfectly acceptable to give more or less than that amount.

Normally, the porters do not summit. Yet, there is a special breed of them - the so-called "summit porters" - who reinforce the climbing crew for the very final leg of the trip. These people help the guides to make sure that every climber is safe and comfortable. Together with your guides, the summit porters will be carrying hot tea, biscuits and oxygen to make sure that you are warmed and energized to keep trekking to the summit. Please show your appreciation for any help you receive by tipping these porters directly. We would suggest an extra tip of \$20.

menu you will find different soups, garnishes, several types of fish and meat, fresh fruit and vegetables; vegetarian/gluten-free/halal options are available at no extra cost.

- All drinks on the trek (juices, coffee, tea, hot chocolate and water).
- For all treks of over 6 days in length, we have an extra porter who bring fresh food to camp (Karanga Camp) for our use.

✓ **Entrance Fees:**

All park fees collected by the Kilimanjaro National Park (conservation fees, camping fees, crew fees, rescue fees and all other fees collected by the Tanzania National Parks Authority).

✓ **Hiking and safety equipment:**

- 2-inches thick and comfortable foam mattresses.
- Modern, comfortable 4-Season tents North Face VE-25 or Walk-in Jerry Kilimanjaro Tents.
- All group equipment (spacious and comfortable dining tent, camping table and chairs, crockery and cutlery).
- Dry bag (to protect your duffel bag).
- Portable toilet and toilet tent.
- Oxygen cylinders and oximeters.
- GPS-tracking service.
- Complete medical kits

✓ **Award:**

Certificate of Achievement if you reach Stella Point (5,756 metres) or Uhuru Peak (5,895 metres).

✗ **Personal Gear:**

- Though all group camping equipment is included in our Kilimanjaro packages, your personal outfit (mostly clothes for climbing) is not. Thus, you should bring all personal gear for your Kilimanjaro adventure. Our consultants will let you know what you will need for the expedition.
- If you do not have certain gear, you may hire everything necessary from us. All equipment is new (we renew our stock every six months). However, remember that personal gear hire is not included in your tour price and extra fees apply.