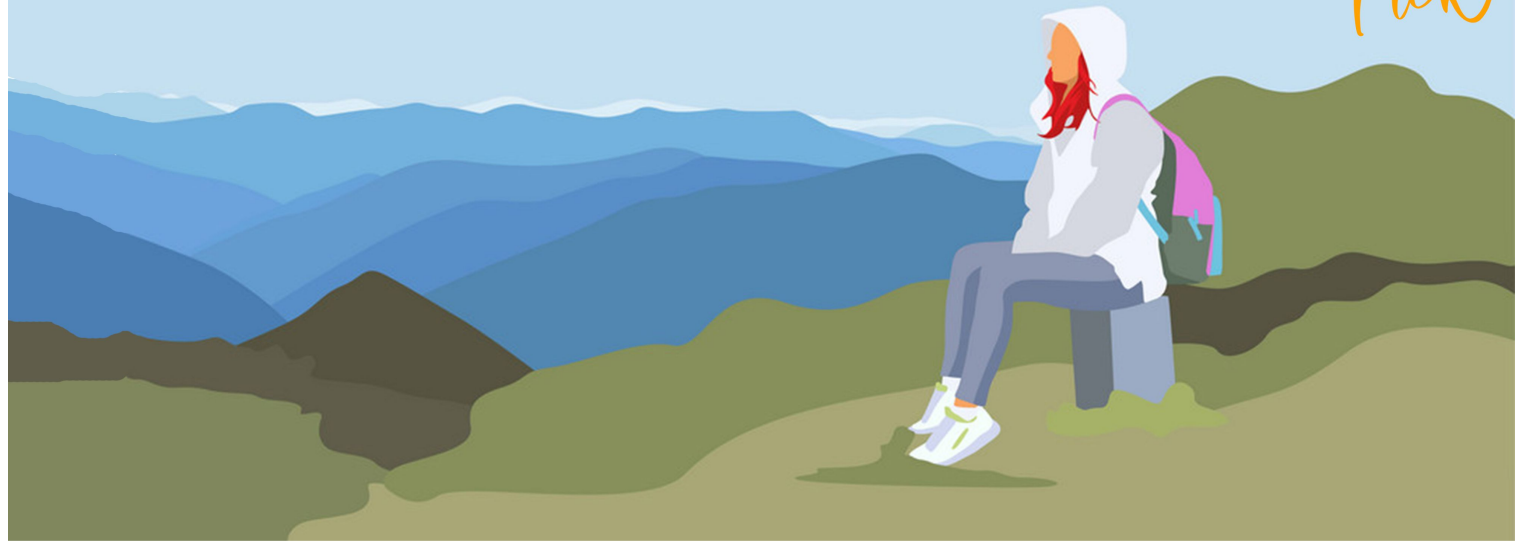
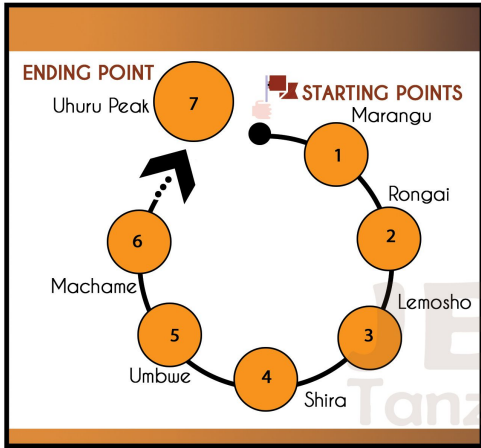


KILIMANJARO *Trek*



AN OVERVIEW OF THE KILIMANJARO TREK



Location: Kilimanjaro region, Tanzania, Eastern Africa

Altitude: 4,900 metres from the base of the mountain, and 5,895 metres above sea level

Duration: 5 to 10 days (including ascent and descent) depending upon the route

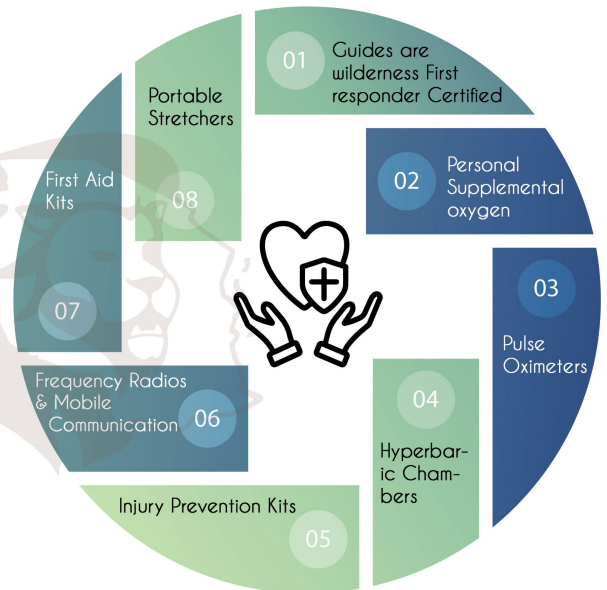
Level of Difficulty: Mt Kilimanjaro trek is considered to be one of the most strenuous treks in the world.

Mount Kilimanjaro Trek Temperatures: Average annual temperature at Uhuru peak varies between -70C to -290C

Available Accommodation: Options: Hotels (before trek), Canvas Tents, and Trekking Huts

Distance: Covered (including ascent and descent): 70 kilometers (via Marangu), 62 kilometers (via Machame), 72 kilometers (via Rongai), 70 kilometers (via Lemosho), 72 kilometers (via Shira), 51 kilometers (via Umbwe)

KILIMANJARO TREK SAFETY



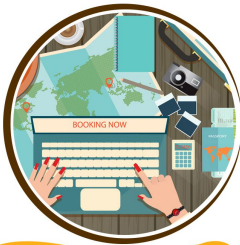
PRE KILIMANJARO TREK PLANNING

DURING INITIAL CONTACT

1 Route Questions

2 Gear Recommendations

3 Flights Booking



AFTER CONFIRMING ABOUT ADVENTURE

- Information Guide
- Warm Summit Cap
- Equipment List
- Trekking Journal
- Personal Fitness Program
- Booking Conditions
- Luggage Tag

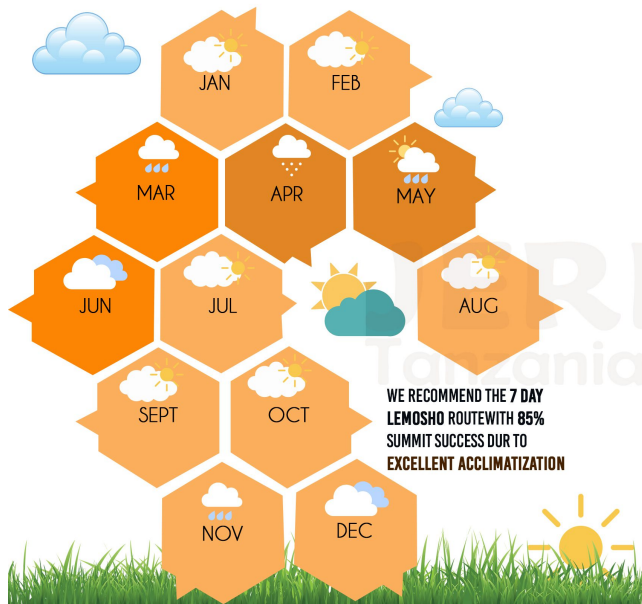
KILIMANJARO TREK TRAVEL INSURANCE

- 1 Travel Insurance Protection
- 2 Baggage Protection
- 3 Lost Or Stolen Baggage Reimbursements
- 4 Airline Cancellation Insurance
- 5 Buyer Protection



HOW MANY DAYS AND WHEN

YOU CAN CLIMB KILIMANJARO ANY TIME
BUT SOME MONTHS ARE JUST BETTER THAN OTHER



TRAINING AND PREPARATION FOR KILIMANJARO TREK



Chosen Route

Age

Amount Time Before Climbing

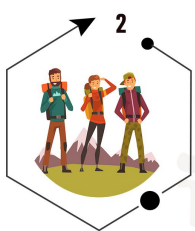
Current Fitness Level

Residing Altitude

CONQUER YOUR KILI SETTING & ACHIEVING A BIG ANNUAL GOAL



1 Never Give Up Never Surrender Baggage Protection



2 Go Far Go Together



3 Focus, Purpose, Passion



ARE YOU UP FOR THE KILIMANJARO TREK CHALLENGE?

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