

Introducing

MOUNT KILIMANJARO CLIMBING

www.jerrytanzaniatours.com

7 DAYS LEMOSHO ROUTE

1. AIRPORT PICK-UP - DROP OFF AT HOTEL
2. MOSHI – LONDOROSI GATE & STARTING POINT – MTI MKUBWA
3. MTI MKUBWA - SHIRA 2 CAMP
4. SHIRA 2 CAMP TO THE LAVA TOWER AND DESCENT - BARANCO CAMP
5. BARANCO CAMP - KARANGA CAMP
6. KARANGA CAMP - BARAFU CAMP
7. ASCENT- UHURU PEAK AND DESCENT-MWEKA CAMP
8. DESCENT-MWEKA CAMP-MWEKA GATE – MOSHI
9. DEPARTURE - KILIMANJARO INTERNATIONAL AIRPORT

TOUR HIGHLIGHTS:

With seven days of trip-time, our Kilimanjaro trek on the Lemosho Route takes longer than some of the alternatives, but is a bit quieter and gives acclimatization opportunity to trekkers... The landscape is varied, with possible animal sightings on the first day's hike, when you start out from Londorosi Gate. You will have a private vehicle to take you to and from the mountain. Accommodation on the mountain on this trip will be in tented camps – a great experience, a true mountain adventure.

DAY 1 AIRPORT PICK-UP - DROP OFF AT HOTEL

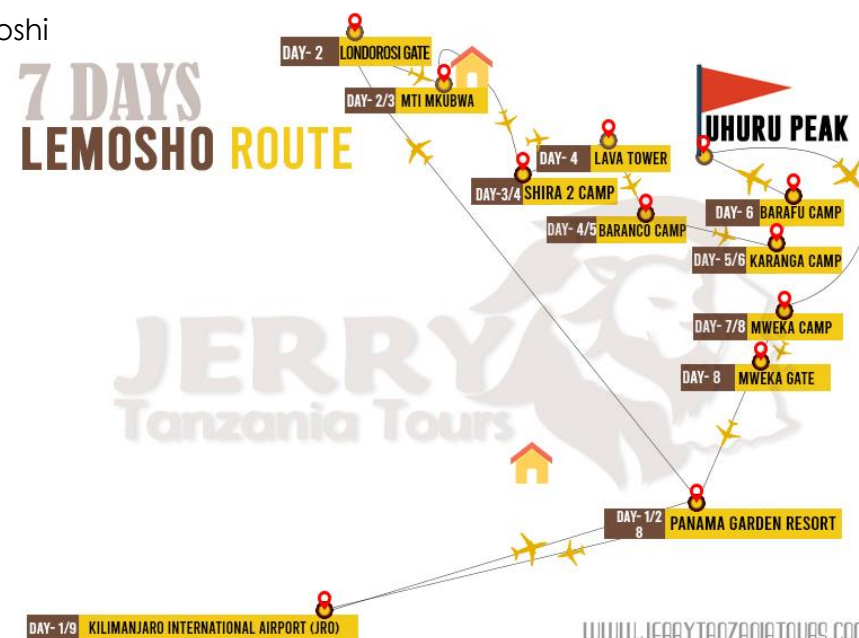
A member of Jerry Tanzania Tours hospitality team greets you upon your arrival at Kilimanjaro International Airport. He will drive you to Panama Garden Resort, where you will have all the essentials for a comfortable stay after a long flight, such as: pleasant rooms with hot showers, a restaurant with delicious choices, genial service team and access to the Internet. Your briefing, in the course of which your guides will provide all the details of the forthcoming trek, takes place at the appointed time. They will answer your questions and make sure you are properly equipped for the trek, providing rental gear when necessary.

ACCOMMODATION: Panama Garden Resort

HIKING TIME AND ELEVATION: 1 hour's drive, 40 km from Kilimanjaro International Airport to Moshi

DAY 2: MOSHI – LONDOROSI GATE & STARTING POINT – MTI MKUBWA

After an early breakfast (07.00hrs), you leave the hotel one hour later to arrive at the Londorosi Gate to complete formalities around 11.00hrs, and in time to have your picnic lunch. After Londorosi, you have a short drive to the start-point of today's walk. Today your walk is a distance of 7 km/4 miles, with an expected 3.5 to 4 hours of walking time. Your starting altitude is some 2,100 metres and you finish at 2,650 metres. Your approach to the mountain using the Lemosho Route is from the west and some people say this provides the best views of Kilimanjaro. At the start of your walk, you may be lucky enough to spy some colobus or blue monkeys, though an encounter with buffalo, elephant or leopard – while possible – would be rare nowadays.



Your walk, steadily upwards, is a wonderful experience, with fantastic forest and some really colourful flowers. Mti Mkubwa Camp ('Big Tree Camp') is normally reached by 18.00hrs and dinner is served at 19.30hrs.

ACCOMMODATION: in tents at Mti Mkubwa Camp

HIKING TIME AND ELEVATION: 3.5 – 4 hours' walking, from Starting Point at 2,100 m to Mti Mkubwa Camp at 2,650 m

DAY 3 FROM MTI MKUBWA TO SHIRA 2 CAMP

You will soon become used to the early, 07.00 breakfast and your departure time is at 08.00. Your walking distance is longer than yesterday, today you will be ascending from 2,650 metres to 3,850 metres and you expect a walking time of between 7.5 and 8 hours. Starting off through the forest, you will notice how the vegetation gradually changes; the trees are thinning out and more shrubs appear as you ascend. You will see lobelias and Erica's and cross Shira Ridge. After about five hours of hiking, you will stop for a hot lunch at Shira 1 Camp. This spot has great views of the sister mountain Mt Meru and the Rift Valley below. The afternoon stretch will take about three hours and you will gain 240 metres in altitude. Still the landscape changes as you cross an area that was molten lava many years ago. Strange plants dot the landscape – giant senecios – you should be close to Shira 2 Camp. This is your camping spot for the night. If the weather is good, you should see the summit – an awesome view at sunset.

ACCOMMODATION: in tents at Shira 2 Camp

HIKING TIME AND ELEVATION: 7.5 – 8 hours' walking, from Mti Mkubwa at 2,650 m to Shira 2 Camp at 3,850 m

DAY 4: FROM SHIRA 2 CAMP TO THE LAVA TOWER AND DESCENT TO BARANCO CAMP

Today you are back to your early, 07.00hrs breakfast time, ready for 08.30hrs departure. You have around 10 km/6 miles to cover, but although you will finish your day only 50 metres higher than you started it, in between you have to climb to the foot of the Lava Tower (4,600 metres) before you then descend once more, down to Baranco Camp 3,900 metres for your overnight stop. You can expect a total of around 6.5 to 7 hours of walking, during which time you leave the Shira Ridge. The Lemosho Route joins up with the more popular Machame trail, which will make it more crowded! The scenery today changes to predominantly Alpine desert. Your picnic lunch will be at 13.00hrs, arrival at Baranco around 16.00hrs and dinner at about 19.00hrs.

ACCOMMODATION: in tents at Baranco Camp

HIKING TIME AND ELEVATION: 6.5 – 7 hours' walking, from Shira 2 Camp at 3,850 m to Baranco Camp at 3,900 m

DAY 5: FROM BARANCO CAMP TO KARANGA CAMP

You breakfast slightly later (07.30hrs) with a departure time from camp scheduled for 08.30hrs. Today's walk is actually quite short, being only 4 km/2 miles but it will still take between 3.5 and 4 hours of trekking time. You will break for cooked lunch at around 13.00hrs on reaching Karanga 3,995 metres and have the afternoon to enjoy the views before eating your dinner at 18.00hrs.

At the beginning of the day, you encounter the hardest part of today's stage as you have to scramble up the near-vertical face of the Baranco Wall (also commonly referred to as the 'Breakfast Wall' as you tackle it right after your breakfast!). At the top of this climb, you will be rewarded with views of the Heim Glacier. After this, the rest of today's walk becomes a bit easier as you first gradually descend to the gully below, and into the cold but beautiful Karanga Valley. You then continue and finally climb up a steep series of zig-zags until reaching the Karanga Camp 3,995 metres. Your overall altitude gain today is only 95 metres.

ACCOMMODATION: in tents at Karanga Camp

HIKING TIME AND ELEVATION: 3.5 – 4 hours' walking, from Baranco Camp at 3,900 m to Karanga Camp at 3,995 m

DAY 6: FROM KARANGA CAMP TO BARAFU CAMP

Another short day -in terms of distance – begins with your breakfast at the camp at 07.30hrs and another 08.30hrs departure. Today you will ascend about 670 metres in a distance of around 5 km/3 miles and walking time once again is between 3.5 and 4 hours. You will be aiming to arrive at the Barafu Camp 4,673 metres by 13.00hrs, when you will be rewarded with a cooked lunch. (With tomorrow being the summit day, it will be important to relax and prepare for the hard work ahead.) Dinner tonight is served at 17.30hrs, giving you time to get to bed early. After leaving Karanga, today's stage climbs steadily, passing through barren, rocky landscape, with the Decken and Kersten glaciers visible away to your left. At the top of the climb, the landscape remains bleak as you descend into a valley and you get your first sight of another glacier, Rebmann. At the end of this valley is today's goal, the Barafu Camp, at which you arrive after a short, steep scramble and a walk.

ACCOMMODATION: in tents at Barafu Camp

HIKING TIME AND ELEVATION: 3.5 – 4 hours' walking, from Karanga Camp at 3,995 m to Barafu Camp at 4,673 m

DAY 7: ASCENT TO UHURU PEAK AND DESCENT TO MWEKA CAMP

Today is the most challenging day, but hopefully with the great sense of achievement of reaching your goal – the summit of Kilimanjaro! Your schedule for your 'Summit Day' is necessarily very different to your other days on the mountain. Rising at 23.00hrs, you take your tea and biscuits (23.30hrs) before a midnight departure. The day starts with the long, tough climb from Barafu at 4,673 metres to Stella Point at 5,756 metres; for some of this you will be walking on scree, making your trek more difficult. From Stella Point, there is still another 139 metres of ascent and 45 minutes' walk to the summit. Your goal is to reach the summit by around 07.00hrs then celebrate reaching the top, take your precious photos and enjoy this once-in-a-lifetime experience. After the summit (5,895 metres), you return to Barafu (4,673 metres), where you rest for a couple of hours, take a brunch and then leave again at 13.30hrs to continue to descend to Mweka Camp (3,100 metres) where you spend the night. You would expect to arrive there at 17.00hrs and take your dinner at 19.00hrs. (In total, you cover around 17 km/10 miles today with about 11-14 hours of walking – tough going, but with your objective hopefully achieved!)

ACCOMMODATION: in tents at Mweka Camp

HIKING TIME AND ELEVATION: 11-14 hours' walking, from 4,673 m at Barafu Camp to the summit at 5,895 m, then down to 3,100 m at Mweka Camp

DAY 8 DESCENT FROM MWEKA CAMP TO MWEKA GATE – MOSHI

Still thrilled by your achievement, breakfast is taken at 07.00hrs and at 08.00hrs you can take the chance to reward your trekking team at the 'Tipping Celebration.' Although you still have 10 km/6 miles to walk, departure is at a leisurely 09.00hrs and you descend down to the Mweka Gate which sits at an altitude of 1,640 metres. There, you will be served a cooked lunch at midday and be presented with your hard-earned certificate. Your transport will be waiting to bring you back to your hotel in Moshi, where you can choose to relax – or, if you have any energy left, to celebrate!

ACCOMMODATION: Panama Garden Resort

HIKING TIME AND ELEVATION: 3 hours' walking, from Mweka Camp to Mweka Gate, descending from 3,100 m to 1,640 m, then return by vehicle from Mweka Gate to your hotel 0.8 hours' drive.

DAY 9 DEPARTURE - KILIMANJARO INTERNATIONAL AIRPORT

After a good night's rest at your hotel, you will take breakfast ready for the scheduled check-out by 11.00hrs. (If you wish to remain in the hotel during the day, please advise us of this when you book your trip and we will inform you of the cost for a 'day room' which allows you to stay until 18:00hrs, and then we will make the booking on your behalf.)

As a transfer to the airport is included in this package, you will be collected from your hotel and dropped off at the airport. For those travellers who have booked to go on safari, our Jerry Tanzania Tours guide will be meeting you in the late afternoon to provide you with a briefing.

PRICE IN \$USD

7 DAYS LEMOSHO ROUTE	1 PAX	2 PAX	3 PAX	4 PAX	5 PAX	6 PAX	7 PAX	8 PAX
	\$3,477	\$2,672	\$2,389	\$2,309	\$2,272	\$2,187	\$2,113	\$2,055

PRICE IN € EUR

7 DAYS LEMOSHO ROUTE	1 PAX	2 PAX	3 PAX	4 PAX	5 PAX	6 PAX	7 PAX	8 PAX
	€3,300	€2,536	€2,267	€2,192	€2,156	€2,076	€2,005	€1,950

PRICE IN ZŁ PLN

7 DAYS	1 PAX	2 PAX	3 PAX	4 PAX	5 PAX	6 PAX	7 PAX	8 PAX
LEMOSHO ROUTE	ZŁ 15,527	ZŁ 11,932	ZŁ 10,668	ZŁ 10,311	ZŁ 10,146	ZŁ 9,766	ZŁ 9,436	ZŁ 9,177

PRICE IN £ GBP

7 DAYS	1 PAX	2 PAX	3 PAX	4 PAX	5 PAX	6 PAX	7 PAX	8 PAX
LEMOSHO ROUTE	£2,768	£2,127	£1,902	£1,838	£1,809	£1,741	£1,682	£1,636

PRICE IN \$ AUD

7 DAYS	1 PAX	2 PAX	3 PAX	4 PAX	5 PAX	6 PAX	7 PAX	8 PAX
LEMOSHO ROUTE	\$4,868	\$3,741	\$3,345	\$3,233	\$3,181	\$3,062	\$2,958	\$2,877

INCLUDED

✓ Jerry Tanzania – Transfers:

- Return transfer from Kilimanjaro International Airport to accommodation in Moshi;
- Return transfer from accommodation in Moshi to the entry gate into Kilimanjaro National Park.

✓ Jerry Tanzania Trip Safety: Helicopter Rescue:

A helicopter rescue service will be provided to air transfer you (during daylight hours only) in an emergency from the mountain to hospital in Moshi. Note that this service will only be applicable if you have medical insurance which covers high altitude trekking up to 6,000 meters, and this service is always subject to weather conditions.

✓ Jerry Tanzania – Trip Crew:

- ✓ Professional guides, licensed by Kilimanjaro National Park. All our guides are well-equipped to handle medical emergencies as they have undergone various High-Altitude Medical Emergency Training to save the lives of climbers who fall sick on the mountain.
- ✓ Dedicated support crew (assistant guides, camp master, porters, cooks, etc.).

✓ Accommodation:

- ✓ One night at 3* hotel (Panama Garden Resort or Altezza Lodge) before the expedition and one night after; The hotels have everything for your comfortable stay - caring staff, nice rooms, reliable Wi-Fi, restaurant and swimming pool).
- ✓ Tented accommodation on Mount Kilimanjaro (modern, comfortable 4-Season tents North Face VE-25 or Jerry Kilimanjaro Tents).
- ✓ **Please Note:** All hotel accommodation is based on a sharing basis (i.e. you will be sharing with your travel companion a twin/double room. If you travel solo on a group expedition, we will room you with a same-sex participant. Single occupancy in a hotel is available upon request and extra charges apply.

EXCLUDED

✗ Travel Insurance:

We advise you to purchase Travel insurance for your Kilimanjaro trek as it protects you from accidents and unforeseen circumstances, you'd never dream of happening on your once-in-a-lifetime trek.

Make sure your travel insurance covers you for:

- Emergency Rescues
- Overseas Medical expenses
- Delays in flights and other delays, etc.

✗ Entry visa for Tanzania:

\$100 per person for USA Citizens and \$50 per person for All Other Nationalities. You can find out more about [Kilimanjaro Visa](#).

✗ Personal & Medical items:

- Locks for bags
- Money belt
- Sewing kit
- Wet wipes
- Antibacterial gel
- Prescription medication

✗ Tips for the trip crew:

We would like to suggest an amount of \$275 - \$305 per person which is shared with the entire trekking team. It is perfectly acceptable to give more or less than that amount.

✗ Personal Gear:

- Though all group camping equipment is included in our Kilimanjaro packages, your personal outfit (mostly clothes for climbing) is not. Thus, you should bring all personal gear for your Kilimanjaro adventure. Our consultants will let you know what you will need for the expedition.
- If you do not have certain gear, you may hire everything necessary from us. All equipment is new (we renew our stock every six months). However, remember that personal gear hire is not included in your tour price and extra fees apply.

✓ **Meals:**

- Breakfast in the hotel before and after the trek.
- All meals on the trek. Our Kilimanjaro diet includes energy-rich and highly nutritious meals prepared by our professional high-altitude cooks. In our menu you will find different soups, garnishes, several types of fish and meat, fresh fruit and vegetables; vegetarian/gluten-free/halal options are available at no extra cost.
- All drinks on the trek (juices, coffee, tea, hot chocolate and water).

✓ **Entrance Fees:**

All park fees collected by the Kilimanjaro National Park (conservation fees, camping fees, crew fees, rescue fees and all other fees collected by the Tanzania National Parks Authority).

✓ **Hiking and safety equipment:**

- 2-inches thick and comfortable sleeping mattresses.
- All group equipment (spacious and comfortable dining tent, camping table and chairs, crockery and cutlery).
- Dry bag (to protect your duffel bag).
- Portable toilets (one unit can be comfortably shared between up to 3 people).
- Bottled oxygen and pulse oximeter.
- GPS-tracking service.
- Complete medical kits including Diamox

✓ **Award:**

Of course, we have a high success rate and your trip includes a Certificate of Achievement if you make it to the summit at Uhuru (5,895 metres). But your trip includes a Certificate of Achievement even if you only reach Stella Point (5,756metres).