



Complete **Kilimanjaro Packing List Guide**



Your Complete Guide to
Conquering Africa's Tallest Peak!

Different Climate Zones in *Kilimanjaro*

As you climb, you'll notice a decrease in vegetation, a drop in temperatures, and a change in atmospheric pressure. The trek begins in a lush tropical forest, progresses through the Heath and Moorland zone, traverses an Alpine Desert, and concludes in the Arctic summit zone characterized by rocks, snow, and ice.

Kilimanjaro Has 5 distinctive Zone, these are,



Diverse Climate Zones & its Temperature

Mount Kilimanjaro

PACKING CHECKLIST



HEADGEAR:

- ☐ Sunglasses
- ☐ Hats / Caps
- ☐ Headlamps
- ☐ Fleece Hat
- ☐ Balaclava



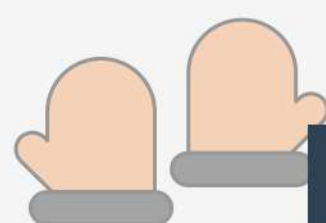
FOOT WEAR

- ☐ Gaiters
- ☐ Hiking Shoes
- ☐ Trekking Boots (with ankle support)
- ☐ Hiking Shoes
- ☐ Warm Socks
- ☐ Microspikes



CLOTHING

- ☐ Thermal Underwear 2-3 Sets
- ☐ Trekking Pants
- ☐ Trekking T-shirts 3x
- ☐ Long Sleeve Shirts 2x
- ☐ Fleece Jackets
- ☐ Hard-shell Jackets
- ☐ Hard-shell Pants
- ☐ Insulated Jackets
- ☐ Insulated Pants
- ☐ Waterproof Poncho



HANDGEAR

- ☐ Fleece Gloves
- ☐ Mittens



BAGS

- ☐ Bags 30 - 40 Lt
- ☐ Duffle Bags 100 - 150 Lt



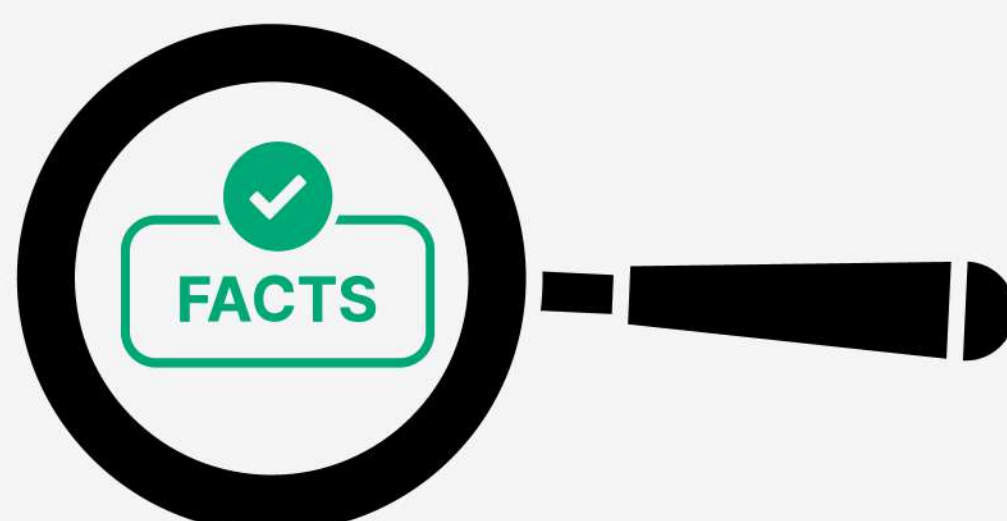
SLEEPING

- ☐ Sleeping Bags (5 F / -15 C)



MISCELLANEOUS:

- ☐ Hydration Pack (2 - 2.5 Lt)
- ☐ Water bottle 1lt
- ☐ Power Banks
- ☐ Trekking Poles
- ☐ Sunscreen SPF 30+



Weight limit of Duffle Bags is: **15kgs**



What to wear while Climbing *Mount Kilimanjaro?*

Day 1:

 20°C/68°F
 -13°C/55°F

3000 m / 10000 ft
Rainforest

T-shirt /
Long Sleeves

Small
Bagpacks

Sunscreen
SPF 30-50

Flask /
Hydration System

Trekking
Pants

Trekking
Sneakers



What to wear while Climbing

Mount Kilimanjaro

Day 2 - 5:



7°C / 45°F

0°C / 32°F



0°C / 32°F

-7°C / 19°F

4000 m / 13000 ft
Heath & Moorland

5000 m / 16500 ft
Alpine Desert

Cap / Hat

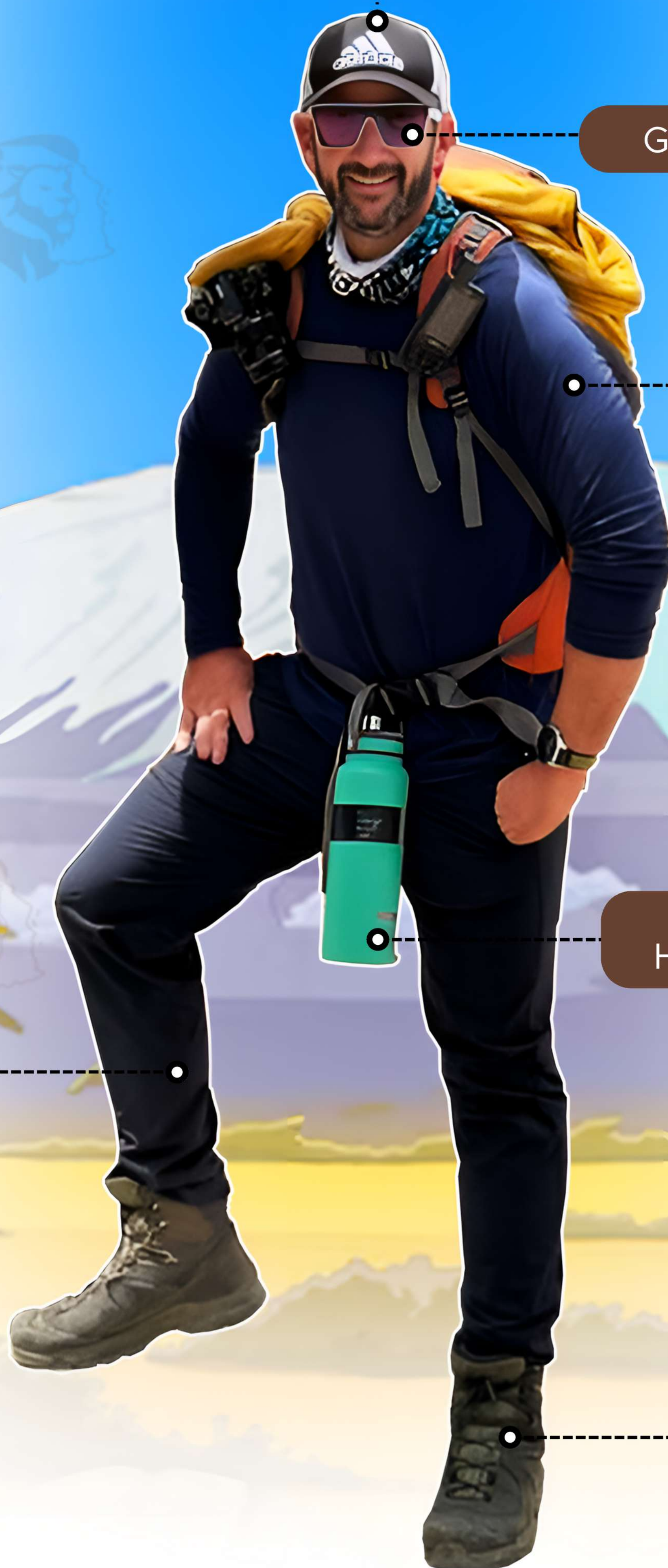
Glasses

Thermal Long
Sleeves

Flask/
Hydration System

Hardshell Pants

Hiking Boots



What to wear while Climbing *Mount Kilimanjaro*

Day 6:



5895 m / 19340 ft
Arctic Summit

Cap / Hat

Small Bags

Thermal Underwear

Warm Fleece Jacket

Flask / Hydration System

Mittens

Insulated Pants

Trekking Poles

Hiking Boots

Stay Warm & Safe in *Mount Kilimanjaro*



DAY 2-6

THERMAL UNDERWEAR SET

(PANTS AND A LONG-SLEEVE)

Bring two sets of thermal underwear: one for sleeping and the other for hikes. Avoid wearing them on sunny days, as it can get warm during the day (up to +15°C), and you might overheat. However, put it on for the summit night.

SUMMIT DAY

FLEECE GLOVES + MITTENS

(COMFORT 5°F/-15°C)

For the summit night, consider adding layers: first put on fleece gloves, then wear warm mittens over them. Ensure they aren't too tight; you should be able to grip a trekking pole comfortably.



DAY 2-7

HIKING BOOTS

(WITH ANKLE SUPPORT)

Proper hiking boots with ankle support are a critical part of your gear. Ensure they have room for your toes and are snug but not tight. It's important to break them in well before the trip.

Mount Kilimanjaro

EQUIPMENT RENTAL PRICES

If you prefer to travel light or don't have all your gear, no worries! Jerry Tanzania Tours offers a dedicated rental shop exclusively for our clients. You'll find everything you need.



FOOTWEAR

- | | |
|------------------|------|
| - Leg gaiters | \$10 |
| - Hiking shoe | \$35 |
| - Trekking boots | \$45 |
| - Microspikes | \$10 |



CLOTHING

- | | |
|---------------------|------|
| - Thermal underwear | \$30 |
| - Trekking pants | \$15 |
| - Trekking t-shirt | \$10 |
| - Long-sleeve shirt | \$10 |
| - Fleece jacket | \$10 |
| - Hardshell jacket | \$30 |
| - Hardshell pants | \$25 |
| - Insulated jacket | \$40 |
| - Insulated pant | \$30 |
| - Waterproof poncho | \$15 |



HAND GEAR

- | | |
|-----------------|------|
| - Fleece gloves | \$10 |
| - Mittens | \$20 |



HEAD GEAR

- | | |
|---------------------|--------------|
| - Sunglasses | \$30 |
| - Sun hat or a caps | Out of stock |
| - Headlamp | \$15 |
| - Fleece hat | \$10 |



BAGS

- | | |
|--------------|------|
| - Backpack | \$30 |
| - Duffle bag | \$40 |



OTHER ITEMS

- | | |
|------------------|------|
| - Powerbank | \$10 |
| - Trekking poles | \$15 |



SLEEPING

- | | |
|----------------|------|
| - Sleeping bag | \$45 |
|----------------|------|



FOR PURCHASE

- | | | | |
|---------------------|--------------|-------------------|------|
| - Sunscreen SPF 30+ | \$10 | - Lip balm | \$5 |
| - Water bottle | \$35 | - Camp towel | \$12 |
| - Thermos | Out of Stock | - Toothpaste | \$5 |
| - Neck gaiters | Out of Stock | - Toothbrush | \$4 |
| - Wet wipes | \$15 | - Handwarmers | \$4 |
| - Paper napkins | \$10 | - Spare batteries | \$1 |
| - Hiking Socks | Out of Stock | - Hydration Bag | \$35 |
| - Warm Summit Socks | \$15 | | |

Mount Kilimanjaro

OPTIONAL PACKING LIST



TRAVEL TO TANZANIA

- ☐ Travel Bag Locks
- ☐ Tags for Travel bag
- ☐ Luggage Straps



MAINTAIN ENERGY

- ☐ Protein Bar, Dried Fruits
- ☐ Thermos
- ☐ Electrolytes for Hydration



FOR SLEEP

- ☐ Sleeping Bag Liner
- ☐ Earplugs
- ☐ Inflatable Pillow
- ☐ Fleece Clothing Set



DRY & ORGANIZED

- ☐ Dry Bags
- ☐ Zip Lock Bags



COMFORT AT CAMP

- ☐ Light Down Jacket
- ☐ Extra Fleece Jacket
- ☐ Camp Slippers
- ☐ Table Top Games



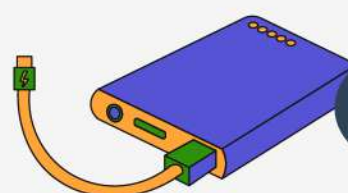
COMFORT AT TRAIL

- ☐ Hand Moisturizer
- ☐ Athletic Tape
- ☐ Neck Gaiter
- ☐ Hand Warmer



PERSONAL HYGIENE

- ☐ Toothbrush & Toothpaste
- ☐ Deodorant
- ☐ Wet Wipes & Napkins
- ☐ Disposable Towel
- ☐ Nail Scissors, Clippers
- ☐ Shampoo / conditioner
- ☐ Lip Balms



GADGETS

- ☐ Power Banks / Ebooks
- ☐ Spare Batteries





Jerry Tanzania Tours

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Pack smart, climb high, and experience the adventure of a lifetime on Kilimanjaro.

Book your journey today and let's make it unforgettable!



www.jerrytanzaniatours.com